Biachláir Eile Other Menus

Deochanna Drinks
Liosta ar an tábla Listed on your table

Bricfeasta Breakfast
09:00 – 12:00

Milseoga Desserts
Liosta ar an tábla Listed on your table

Lónadóireacht Catering

Fáiltithe, cóisirí, fleánna páistí, dinnéir chorparáideacha nó lónadóireacht? Roghnaigh Bia! biabelfast.ie/lonadoireacht

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Margadh speisialta áit a bhfuil an comhartha seo: £6 do mhic léinn agus d'fhoireann Choláiste Ollscoile Naomh Muire. Cárta aitheantais riachtanach. Each dish accompanied by this sign indicates a special price of £6 for St. Mary's University College students and staff. Valid ID required.

Cuirfear táille sheirbhíse lánroghnach 10% le táblaí 8+. Fógra: cé nach bhfuil cnónna sa chuid is mó dár mbéilte, baineann muid úsáid as cnónna sa chistin agus tá seans bídeach ann go mbeadh rianta iontu. A discretionary 10% service charge will apply to tables of 8+. Please note: although most of our dishes do not contain nuts, we use nuts in our kitchen and our dishes may contain traces.

Is túisce bia ná scéal...
a meal comes before a story...

Bia
BIALANN
RESTAURANT

Bia I 216 Bóthar na bhFál, An Cheathrú Ghaeltachta, Béal Feirste, Co. Aontroma BT12 6AH
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Cúrsaí Tosaigh

Anraith an lae – le rollóg aráin bhrioscánach £4.00

Sicín Tempura – stiallacha sicín faoi fhuidreamh éadrom tempura, arna spré le hanlann milis sillí £4.75

Manglam Cloicheán – cloicheáin úra Ioruacha faoi anlann Marie-Rose le harán cruithneachta agus ding líomóide BEAG: £4.95 MÓR: £8.95

Bruschetta – faoi thrátaí silín maranáidithe, mozzarella, peisteo basal + glónra balsamach £4.50 V

Beacáin Ghairleoige Uachtair – le parmasán úr ar ciabatta rósta £4.95 ROGHA VEIGEATÓRACH AR FÁIL

Eití Sicín – sicín súmhar le hanlann te nó anlann BBQ BEAG: £445 PRÍOMHCHÚRSA AGUS TAOBHMHÍR: £7.95

Príomhchúrsaí

Sicín California – sicín maranáidithe ar shailéad beadaí, faoi mhaonáis de thrátaí griantriomaithe agus piobair rósta le harán gairleoige £7.25

Burgar California – sicín maranáidithe i mbonnóg phlúrach le leitís, trátaí, oinniún dearg, piobair rósta agus steall maonáise trátaí griantriomaithe le sceallóga nó sailéad £7.55

Sicín Tempura – stiallacha sicín faoi fhuidreamh éadrom tempura, anlann milis sillí + sceallóga £7.25

Stobhach Mairteola Baile – ár stobhach iomráiteach le harán brioscánach agus im £6.00

Gambún Rósta Meala, Ubh agus Sceallóga – gambún rósta meala le sceallóga gambacha agus ubh fhriochta £6.95

Sailéad Harry – sicín maranáidithe, duillí, piobar rósta, trátaí griantriomaithe, lus an choire, ológa, oinniúin agus trátaí £7.95 ROGHA VEIGEATÓRACH AR FÁIL

Ciabatta Veigeatórach – ciabatta faoi ghlasraí rósta Meánmhuiríocha, mozzarella buabhaill agus peisteo le sceallóga tanaí nó sailéad £7.95 V

Burgar Sicín Salainn & Sillí – stiallacha sicín salainn agus sillí i mbonnóg phlúrach faoi thrátaí agus maonáis le sceallóga nó sailéad £7.25

Sailéad Cáis Ghabhair & Gallchnónna – sailéad beadaí le cáis ghabhair the, gallchnónna agus subh shillí oinniúin £7.95 V

Ciabatta Muiceoil Shúmhar – le hoinniúin dhearga, leitís, maonáis agus sceallóga tanaí £7.55

Ceapaire Stéige – stéig chaoldroma ghualachghriollta mar is mian leat, oinniúin friochta agus piobair in ciabatta rósta le maonáis Sriracha le sceallóga nó sailéad £8.95

Curaí Dearg Téalannach – curaí glasraí (V) nó sicín, le rís chumhrach & salsa mangó £7.95

Lasáinne Mhairteola – bolognese ar bhrat pasta faoi shú béchamel, céadair + sceallóga nó sailéad £7.25

Easnacha BBQ – leath-raca d'easnacha muiceola le hanlann BBQ, cálslá agus sceallóga £745

BLT – bagún, leitís agus trátaí ar ciabatta rósta agus maonáis le sceallóga nó sailéad £6.95

Sailéad Clasaiceach Caesar – leitís cos, sicín maranáidithe, bagún briosc, parmasán úr agus ár mblastán caesar féin £7.25

Spaigití Arabiata – tranglam spaigití faoi anlann de thrátaí agus sillí le harán gairleoige £7.25 V

Burgar Gualachghriollta Cáise – burgar mairteola 100% Éireannach le cáis chéadair leáite, taobhshailéad agus sceallóga £7.95

Iasc an Lae – fiafraigh de d'fhreastalaí.

Burgar Veigeatórach – burgar de phónairí éagsúla le cáis chéadair, guacamole, leitís agus trátaí, le sceallóga nó sailéad £7.25 V

Nachos – sceallóga tortilla agus sraitheanna cáise, piobair jalapeño, uachtar géar agus guacamole baile idir eatarthu £6.25 V LE SICÍN: £7.25

Spaigití Bolognese – le harán gairleoige £7.25

BÍODH SCEALLÓGA GAIRLEOIGE NÓ SCEALLÓGA GAMBACHA AGAT IN IONAD SCEALLÓGA TANAÍ AR 50P.

Taobhmhíreanna

Sceallóga Tanaí – sceallóga agus craiceann orthu £2.95

Sceallóga Gambacha – sceallóga gambacha bruite fá thrí £3.25

Sceallóga Parmasáin – sceallóga tanaí blaistithe le parmasán úr-ghrátáilte £3.25

Sceallóga California – sceallóga faoi cháis agus ár maonáis California féin £3.50

Taobhshailéad – taobhshailéad beadaí lenár mblastán tí féin £2.95

Fáinní Oinniúin – i bhfuidreamh éadrom le hanlann dipeála sillí milis £2.95

Cálslá £2.20

Anlann Piobair £1.95

Súlach £1.95

Dipíní £1.00 AN CEANN

Maonáis **Maonáis Ghairleoige**
Anlann Caesar **Anlann BBQ** **Sillí Milis**
Maonáis California **Sriracha**

Starters

Homemade Soup of the Day – with a crispy roll £4.00

Chicken Tempura – lightly battered chicken strips drizzled in sweet chilli sauce £4.75

Prawn Cocktail – fresh Norwegian prawns in a Marie-Rose sauce with wheaten bread and a lemon wedge REGULAR: £4.95 LARGE: £8.95

Bruschetta – topped with marinated cherry tomatoes, shredded mozzarella, basil pesto and a balsamic glaze £4.50 V

Creamy Garlic Mushrooms – with fresh parmesan on toasted ciabatta £4.95 VEGETARIAN OPTION AVAILABLE

Chicken Wings – succulent chicken wings in either Hot or Sticky BBQ sauce SMALL: £445 MAIN+SIDE: £7.95

Main Courses

California Chicken – marinated chargrilled chicken on a gourmet salad topped with sundried tomato mayonnaise, roasted red pepper, red onion and served with garlic bread £7.25

California Burger – marinated chargrilled chicken in a floury bun with lettuce, tomato, red onion, roast red pepper and lashings of our sundried tomato mayonnaise, with fries or salad £7.55

Chicken Tempura – lightly battered chicken strips drizzled in sweet chilli sauce with fries £7.25

Homemade Beef Stew – our famous stew served with crusty bread and butter £6.00

Tipper's Honey Roast Ham, Egg & Chips – honey roast ham, chunky chips and fried egg £6.95

Harry's Salad – marinated chicken, leaves, roasted red pepper, sundried tomato, coriander, olives, red onion & tomato £7.95 VEGETARIAN OPTION AVAILABLE

Veggie Ciabatta – toasted ciabatta with roasted Mediterranean vegetables, buffalo mozzarella & basil pesto with skinny fries or salad £7.95 V

Salt & Chilli Chicken Burger – salt & chilli coated chicken strips in a floury bun with lettuce, tomato & mayo served with fries or salad £7.25

Goat's Cheese & Walnut Salad – gourmet salad with warm goat's cheese, walnuts & onion chilli jam £7.95 V

Pulled Pork Ciabatta – with red onion, crisp lettuce and cool mayo with skinny fries £7.55

Steak Sandwich – chargrilled sirloin steak cooked to your liking with fried onions & peppers in a toasted ciabatta with Sriracha mayo & served with fries or salad £8.95

Thai Red Curry – vegetable (V) or chicken curry with fragrant rice & mango salsa £7.95

Beef Lasagne – rich bolognese layered with pasta and topped with a béchamel sauce & melted cheddar, served with chips or salad £7.25

BBQ Ribs – half-rack of pork ribs with sticky BBQ sauce, coleslaw and fries £745

BLT – bacon, lettuce & tomato on toasted ciabatta with mayo, served with fries or salad £6.95

Classic Caesar Salad – crunchy cos lettuce, marinated chicken, crispy bacon, fresh parmesan & our famous Caesar dressing £7.25

Spaghetti Arabiata – spaghetti tossed in a rich tomato & chilli sauce with garlic bread £7.25 V

Chargrilled Cheese burger – 100% Irish beef burger with melted cheddar, side salad and fries £7.95

Fish of the Day – ask your server.

Veggie Burger – mixed bean burger with cheddar, guacamole, lettuce & tomato with fries or salad £7.25 V

Nachos – Tortilla chips layered with cheese, jalapeño peppers, sour cream and homemade guacamole £6.25 V WITH CHICKEN: £7.25

Spaghetti Bolognese – with garlic bread £7.25

UPGRADE YOUR FRIES TO GARLIC FRIES OR CHUNKY CHIPS FOR 50P.

Side Dishes

Skinny Fries – skin-on fries £2.95

Chunky Chips – triple-cooked chunky chips £3.25

Parmesan Fries – seasoned skinny fries with freshly grated parmesan £3.25

California Fries – fries topped with cheese & our California mayo £3.50

Side Salad – gourmet side salad with our house dressing £2.95

Onion Rings – in a light batter with sweet chilli dipping sauce £2.95

Coleslaw £2.20

Peppered Sauce £1.95

Gravy £1.95

Dips £1.00 EACH

Mayonnaise **Garlic Mayonnaise**
Caesar Sauce **BBQ Sauce** **Sweet Chilli**
California Mayonnaise **Sriracha**